



Sawyer Youth Soccer Association

05/02/2021

SYSA COVID Guidelines for Players & Coaches

The information in this document is not intended or implied to be a substitute for professional medical advice, diagnosis, or treatment. All content is provided for general informational purposes only. Further, you should seek advice from medical professionals and/or public health officials if you have specific questions about your return to training and competition.

Please Note: SYSA will be closely monitoring the situation and will modify the guidelines as necessary.

General Guidelines:

- Individuals must show no signs or symptoms of COVID-19 in the past 10 days and have not been exposed to someone that has been ill in 10 days.
- If an individual tests positive for COVID-19, they must have a negative test before returning to team activities or until 10 days has passed.
- We encourage grandparents and those that are identified to be most at risk by public health officials to stay home.

Coach Responsibilities

- Upon arrival to practices or games, coaches or staff should ask each athlete if they are experiencing any signs or symptoms of COVID-19. If so, they should be sent home immediately and instructed to contact their healthcare provider as soon as possible.
- Bring club provided hand sanitizer to each team event (practices and games).
- Ensure all athletes have their individual equipment (ball, water bottles, bag, etc.)
- Coach is the only person to handle all practice equipment. (cones, disk etc.)
- Coach to sanitize/clean all personal training equipment before and after each session (e.g. cones, discs, etc.)
- Maintain a list of players NOT attending each practice/game.
- Wear gloves when attending to an injured player.
- Immediately notify a board member if a child or parent tests positive for COVID.



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Return to Play at SYSA Guidelines (continued)

Parent/Guardian Responsibilities

- Must conduct CDC daily symptom assessment.
- Ensure your child is healthy and check your child's temperature daily.
- Parents of younger players should keep water bottles during practices and games to prevent the sharing of water.
- Ensure all equipment (ball, water bottle, bag, etc) are clearly marked with the player's name.
- Ensure child's clothing is washed after every training session.
- Ensure all equipment, cleats, ball, shin guards etc. are sanitized before and after every training.
- Notify member organization immediately if your child becomes ill for any reason.
- Do not assist the coach with equipment before or after training.
- Be sure your child has necessary sanitizer with them at all times.
- Only family members living in the same home should sit closer than the required social distance protocol when attending practices or games.
- Immediately notify your child's coach or a board member if a child or parent tests positive for COVID.

Player Responsibilities

- All players must have their temperature taken by a parent/guardian prior to going to training/games.
- Players should use their own equipment and properly sanitize the equipment before and after every training session.
- Always use your own water bottle, towel and personal hygiene products.
- Wash hands thoroughly before and after training.
- Bring and use, hand sanitizer with you to every training.
- Do not touch or share anyone else's equipment, water, snack or bag.
- Practice social distancing, place bags and equipment at least 6 feet apart.
- Wash and sanitize all equipment before and after every training.
- No group celebrations, no high 5's, Hugs, handshakes etc.